



Elaine Symington MBACP (Accred)

I graduated in counselling from the University of Strathclyde in 2012 and am an accredited member of the British Association of Counselling and Psychotherapy. As well as having ten years' experience of working at Clifton Hall, I have worked at both primary and secondary stages in the state sector and currently hold a school project manager role with a leading children's mental health charity.

Trained in the person-centred approach, I work in a child-led way and support children and young people to look at what they are experiencing in a way that is helpful for them. I have worked with many issues including friendships, loss, school issues, transitions, family and relationship breakdown and anxiety.

For more information contact Louise Shields, Pastoral and Guidance Support Coordinator.

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